A mixed methods study examining the feasibility of carrying out alcohol screening and brief interventions (ABI) for female prisoners in the North East of England

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Aims & Objectives

.....to assess the feasibility of carrying out alcohol screening and brief interventions (ABI’s) with female prisoners in the North East of England.
Background

- 13,500 women imprisoned each year – 5%!
- 86% men 63% women AUD - (30%)

Significant issues for female prisoners:

- 65% compared to 37% of men suffer mental health issues
- More likely (53%) to have experienced emotional, physical or sexual abuse as a child (27% men)
- 60% of women in prison have dependent children (17,000 children separated – 2010)
- 69x more likely to die in week following release from prison (compared to gen pop)
- 25% self harm incidents in prison (2013)

Genetics of women
Stages of work

1. 2 x systematic review
2. Qualitative interviews
3. Triangulation
4. Small pilot

ETHICAL APPROVAL:
- University
- HMPPS
Systematic review 1:
“Barriers and facilitators of the use of alcohol screening and brief intervention for women: a systematic review”

Systematic review 2:
“Gendered pains of imprisonment: a systematic review”
No more than 4 sessions – lasting 40 mins

Accounts from women or social/health care practitioners

Explore barriers/facilitators women face to ABI

Any language

INCLUSION

Women aged 18+

Qual studies: interviews, focus groups, ethnographical work

Face to face interventions only

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EXCLUSION

- Not a qualitative study/survey
- Not face to face intervention
- Studies prior to 1980
Systematic review: Results

✔ 6 final papers
✔ 2 UK, 2 Finland, 2 USA
✔ All qualitative papers
✔ Mix of view points
Systematic review: Barriers

Individual *delivering* ABI
- Age of woman
- Self-assessing prevalence
- Woman’s family
- Awkwardness
- Fear of damaging trust

Woman *receiving* ABI
- Belittlement
- Poor communication by professional
- Time constraints on GPs
- Attitude towards GP
- Stress and negative emotions
Systematic review: Facilitators

Individual *delivering* ABI

- Problem focused strategies
- Aids for the person delivering it

Individual *receiving* ABI

- Feeling comfortable with GP
- Family – wanting to get better for their sake
- Having different people available to deliver the ABI
Next steps...
Thank you

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